

Ottawa Food Food Access Survey Results MARCH 2018

1. Which of the following programs do you use for food assistance? (Select all that apply)

Response	Frequency	Percent	0	20	40	60	80	100
Bridge Card / SNAP Benefits / Food Stamps	99	33.0%						
Soup Kitchens/Free prepared meals (Community Kitchen, Loving	38	12.7%						
WIC (Women, Infant and Children)	49	16.3%						
Food Pantries (such as Salvation Army, Community Action House,	145	48.3%						
School meal programs (Free or Reduced Lunch Program)	41	13.7%						
Food Commodity distribution	89	29.7%						
Congregate Meals	10	3.3%						
Home delivered meals (Meals on Wheels)	19	6.3%						
Mobile Food Pantry/Truck	80	26.7%						
Backpack Program (Hand2Hand Ministries, Blessings in a Backpack,	11	3.7%						
None	29	9.7%						
Other	7	2.3%						

2. How often do you run out of money for food?

Response	Frequency	Percent	0	20	40	60	80	100
Every week	59	19.7%						
At least once a week	53	17.7%						
Occasionally	120	40.0%						
Never	68	22.7%						

3. Does the amount of food that you get (purchased and through food assistance programs) usually last throughout the month?

Response	Frequency	Percent	0	20	40	60	80	100
Yes	98	33.2%						
No	110	37.3%						
Sometimes	87	29.5%						

4. If you answered "no" or "sometimes" to question 3, please indicate if there are specific times when the food does not last throughout the month. (Select all that apply)

Response	Frequency	Percent	0	20	40	60	80	100
During the holidays	33	16.2%						
On school breaks	29	14.2%						
End of the month	110	53.9%						
Middle of the month	65	31.9%						
Other	23	11.3%						

5. How often does your household have the resources to eat balanced meals (meals that include meat or protein, fruit, vegetables, grains, and dairy products)?

Response	Frequency	Percent	0	20	40	60	80	100
Always	59	19.3%						
Almost every day	78	25.6%						
Some days, but not everyday	123	40.3%						
Only 1 or 2 days per week	34	11.1%						
Never	11	3.6%						

6. Do you ever eat less than you feel you should, or skip meals because there isn't enough money for food?

Response	Frequency	Percent	0	20	40	60	80	100
Yes	122	40.1%						
No	163	53.6%						
Don't know	19	6.3%						

7. Do you use a food pantry?

Response	Frequency	Percent	0	20	40	60	80	100
Yes	204	64.6%						
No	112	35.4%						

8. If you answered "no" to question 7, why don't you use a food pantry? (Select all that apply)

Response	Frequency	Percent	0	20	40	60	80	100
I do not need to	52	44.4%						
I do not want to	11	9.4%						
I do not have transportation	8	6.8%						
I do not know about the food pantry	19	16.2%						
Pantry day/time is not convenient	17	14.5%						
Pantry location is not convenient	5	4.3%						
Other	13	11.1%						

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9. Does anyone in your household have any of the following conditions? (Select all that apply)

Response	Frequency	Percent	0	20	40	60	80	100
Diabetes	91	29.4%						
High blood pressure	138	44.5%						
Respiratory problems (asthma, bronchitis, emphysema)	63	20.3%						
Heart disease	45	14.5%						
Food allergies	49	15.8%						
Other dietary restrictions (please list)	28	9.0%						
Not applicable	96	31.0%						

10. Does the food you are able to get for this person's specific condition (purchased and through food assistance programs) usually last throughout the month?

Response	Frequency	Percent	0	20	40	60	80	100
Yes	95	38.6%						
No	101	41.1%						
Sometimes	50	20.3%						

11. Where do you purchase food? (Select all that apply)

Response	Frequency	Percent	0	20	40	60	80	100
Supermarkets (Meijer, Family Fare, D&W, Wal-Mart, Aldi)	289	91.5%						
Convenience store/gas station	16	5.1%						
Dollar store	101	32.0%						
Discount food store (Daily Deals, Save A Lot, etc.)	118	37.3%						
Farmers Market	71	22.5%						
Other	14	4.4%						

12. Where do you get fresh fruits and vegetables? (Select all that apply)

Response	Frequency	Percent	0	20	40	60	80	100
Supermarket (Meijer, Family Fare, D&W, Wal-Mart, Aldi)	259	82.0%						
Convenient store/gas station	4	1.3%						
Discount food store (Daily Deals, Save A Lot, etc.)	65	20.6%						
Farmers market	95	30.1%						
Community /personal garden	28	8.9%						
Food pantry	87	27.5%						
Ethnic market	8	2.5%						
Other	10	3.2%						
I don't purchase fruit and vegetables	9	2.8%						

13. Which of the following prevents you from eating fruits and vegetables on a regular basis? (Select all that apply)

Response	Frequency	Percent	0	20	40	60	80	100
They are too expensive	163	53.1%						
The quality is poor where I shop	9	2.9%						
They are not available where I shop	3	1.0%						
They are not always available at food pantries	70	22.8%						
I don't know how to prepare fruits and vegetables	3	1.0%						
I don't like fruits and vegetables	4	1.3%						
Not applicable, because I do eat fruits and vegetables on a regular	108	35.2%						
Other	13	4.2%						

14. How many servings of fruits and vegetables do you eat on an average day? (Note: a serving is about a 1/2 cup, a small apple, 1/2 banana, etc.). (Select one answer)

Response	Frequency	Percent	0	20	40	60	80	100
0	28	8.9%						
1 - 2	221	69.9%						
3 - 4	59	18.7%						
5 - 9	8	2.5%						
10 or more	0	0.0%						

15. Are you aware of Double Up Food Bucks, a program that helps you stretch your food dollars when purchasing local fruits and vegetables with SNAP benefits?

Response	Frequency	Percent	0	20	40	60	80	100
Yes	110	35.1%						
No	203	64.9%						

16. Are you aware that you can search for local food resources (food pantries, community meals, etc.) at www.OttawaFood.org?

Response	Frequency	Percent	0	20	40	60	80	100
Yes	137	44.9%						
No	168	55.1%						

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17. How do you find out about food resources in your community? (Select all that apply)

Response	Frequency	Percent	0	20	40	60	80	100
Friends or family members	188	60.8%						
Another food resource provider	31	10.0%						
Media (television, newspaper, facebook, etc.)	43	13.9%						
DHHS or other caseworker	29	9.4%						
www.OttawaFood.org (website with local food resources)	21	6.8%						
211	37	12.0%						
Church	68	22.0%						
Promotional Flyers	32	10.4%						
Other	42	13.6%						

18. Do you have any suggestions on ways to help people access more healthy food choices?

19. If you feel comfortable, please share a personal experience you have had with food insecurity (positive or negative), or anything you would like us to know as we work toward increasing Ottawa County residents' access to healthy food. You do not need to include your name.

20. May we include this story in our publicity?

Response	Frequency	Percent	0	20	40	60	80	100
Yes	170	65.4%						
No	90	34.6%						

21. Please indicate your gender.

Response	Frequency	Percent	0	20	40	60	80	100
Female	245	78.3%						
Male	67	21.4%						
Other	1	0.3%						

22. Please indicate your age.

Response	Frequency	Percent	0	20	40	60	80	100
18 - 29 years	48	15.4%						
30 - 49 years	84	27.0%						
50 - 64 years	71	22.8%						
65 years or older	108	34.7%						

23. What is your race?

Response	Frequency	Percent	0	20	40	60	80	100
White/Caucasian	230	75.4%						
Black or African American	17	5.6%						
Hispanic/Latino	38	12.5%						
Asian or Pacific Islander	2	0.7%						
Native American or Alaskan Native	4	1.3%						
Other	14	4.6%						

24. How many people live in your household?

Response	Frequency	Percent	0	20	40	60	80	100
1	94	30.3%						
2	66	21.3%						
3	41	13.2%						
4	37	11.9%						
5	32	10.3%						
6	24	7.7%						
7	11	3.5%						
8 or more	5	1.6%						

25. Do you have children younger than 18 years of age living in your household?

Response	Frequency	Percent	0	20	40	60	80	100
Yes	119	40.1%						
No	178	59.9%						

Zip Code

Response	Frequency	Percent	0	20	40	60	80	100
49426	32	10.7%						
49428	28	9.3%						
49548	1	0.3%						
49316	1	0.3%						
49404	21	7.0%						
49058	1	0.3%						
49401	8	2.7%						
49534	3	1.0%						
49424	35	11.7%						
49418	2	0.7%						
49423	59	19.7%						

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Response	Frequency	Percent	0	20	40	60	80	100
49448	7	2.3%						
49417	43	14.3%						
49456	23	7.7%						
49460	5	1.7%						
49504	1	0.3%						
49006	1	0.3%						
49055	1	0.3%						
49464	13	4.3%						
49328	1	0.3%						
49315	1	0.3%						
49513	1	0.3%						
49453	1	0.3%						
49508	1	0.3%						
49409	1	0.3%						
49444	1	0.3%						
49442	3	1.0%						
49495	1	0.3%						
49451	1	0.3%						
49422	1	0.3%						
44489	1	0.3%						
49454	1	0.3%						

PA

Response	Frequency	Percent	0	20	40	60	80	100
21	10	3.1%						
31	10	3.1%						
12	10	3.1%						
04	10	3.1%						
03	10	3.1%						
02	10	3.1%						
01	10	3.1%						
11	10	3.1%						
07	12	3.8%						
28	10	3.1%						
14	10	3.1%						
24	10	3.1%						
33	4	1.3%						
32	15	4.7%						
27	10	3.1%						
10	12	3.8%						
13	10	3.1%						
29	10	3.1%						
26	10	3.1%						
23	5	1.6%						
05	9	2.8%						
09	10	3.1%						
30	10	3.1%						
08	9	2.8%						
06	10	3.1%						
17	6	1.9%						
18	6	1.9%						
19	10	3.1%						
20	10	3.1%						
22	10	3.1%						
16	10	3.1%						
25	10	3.1%						
15	10	3.1%						