

Ottawa County Food Policy Council Healthy Eating Subcommittee Meeting Minutes

Chair: Stephanie Marino	Meeting Date: May 1, 2017
Priority: Healthy Eating for All in Ottawa County	
Present: Chelsea Schanz, Stephanie Marino, Christen Korstange, Lisa Uganski, Jan Hastings, Melissa Roessing, Barry Andersen, Mishelle Bakewell, Jessie Riley	

Goal #1: Support the development of policies that focus on healthy eating by all in Ottawa County

Action Step	Strategies Strategies/Person Responsible/Date Strategy to be completed
aa. Research policies that focus on healthy eating in Ottawa County. Target Completion Date: <input checked="" type="checkbox"/> Check box when complete	
ab. Select policy(s) to work toward implementing. Target Completion Date: <input checked="" type="checkbox"/> Check box when complete	10 Cents a Meal Pilot
ac. Identify decision makers who need to be engaged. Target Completion Date: <input checked="" type="checkbox"/> Check box when complete	
ad. Advocate for policy change or development. Target Completion Date: <input type="checkbox"/> Check box when complete	Grand Haven and Coopersville both applied and were awarded. Cultivate Michigan resource guides will be going out via MSU Extension Community Food Systems team. www.cultivatemichigan.org

Goal #2: Expand pantry offerings of healthy foods.

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Action Step	Strategies Strategies/Person Responsible/Date Strategy to be completed
aa. Learn about pantries' barriers to offering healthy food choices. Target Completion Date: <input checked="" type="checkbox"/> Check box when complete	Need to follow up with pantries about barriers, policies and create a mechanism for sharing resources. Resend survey results to committee. Possibly look at creating a resource toolkit that will help address barriers or a workshop or conference for pantry staff.
ab. Help pantries resolve these barriers. Target Completion Date: <input type="checkbox"/> Check box when complete	
b. Encourage pantries to barter/share resources by promoting the use of the OCFPC website forums. Target Completion Date: <input type="checkbox"/> Check box when complete	
c. Promote the adoption of healthy policies at local food pantries. Target Completion Date: <input type="checkbox"/> Check box when complete	
d. Educate donors about the need for healthier food donations at local food drives. Target Completion Date: <input type="checkbox"/> Check box when complete	Lisa and Melissa checked into the postal food drive and communicating through them about healthier food donations. There was no interest in this as the impression is recipients do not want healthier items. Resend the healthy donation list to pantries. Other ideas include developing a seasonal donation list, connecting with schools for projects, round up at the register. Rosy Mound Elementary school is interested in holding a healthy food drive, points are based on healthy foods donated. Winning classrooms get a smoothie party from the YMCA.
e. Continue to collect food donations from shoppers and vendors at the Grand Haven and Spring Lake Farmers' Markets. Target Completion Date: <input type="checkbox"/> Check box when complete	This program will be continue at these sites and expand to Holland Farmer's Market in 2017. Will create a sign up for volunteers to staff a table once a month; benefiting pantries will pick up donated items at the end of each shift. July/August will be Salvation Army, using it in their summer kids program and September will be Love INC.

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<p>f. Implement the Plant-a Row Program with local farmers.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	
<p>g. Educate local hunters about how to donate to pantries.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	<p>Melissa looked into Sportsman for Hunger. There is no cost to hunters, the game has to be processed at a facility in order to be donated, “give a pound program”. She will look into marketing flyers that the committee could help disseminate.</p>

<p>Goal 3: Increase use of gardens (personal, school, community).</p>	
<p>Action Step</p>	<p>Strategies Strategies/Person Responsible/Date Strategy to be completed</p>
<p>aa. Research which community gardens currently exist in Ottawa County; and how they are used.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	
<p>ab. Connect pantries with community gardens that are willing to donate what is grown.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	
<p>b. Provide information/resources for the community on how to plant/grow a garden.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	<p>Collect gardening resources from committee (Master Gardener hotline, Ask an Expert) American Association of Community Gardens, MSUE Smart Gardening, 8th Day Farm coaching on gardening, square foot gardening, communicate to community that starter plants can be bought with SNAP Ed.</p>

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<p>c. Support the creation of a garden at one local school.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	
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Goal 4: Promote and expand education of food, cooking, and nutrition.

Action Step	Strategies Strategies/Person Responsible/Date Strategy to be completed
<p>aa. Determine what types of education/classes are already taking place.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	<p>Still need a database or mechanism to collect community educational opportunities. This will be a standing agenda item. Four Pointes is hosting a veggie grilling class May 17. Peach Plains Elementary is taste testing asparagus guacamole and taking info home to parents. Food Expo is being planned at Grand Haven Community Center for Feb 17, 2018.</p>
<p>ab. Promote these classes to the public.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	<p>Continue to send events to Erica Phelps to promote on OCFPC Facebook page.</p>
<p>ac. Identify gaps in education and determine how to fill them.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	<p>Space is still a barrier to holding classes</p>
<p>b. Support the Macatawa Resource Center in the development and promotion of its teaching kitchen.</p> <p>Target Completion Date: <input type="checkbox"/> Check box when complete</p>	<p>Ventilation hood and floor are in and plumbing is done</p>
<p>c. Educate pantry clients about healthier food choices and/or preparing healthy food.</p> <p>Target Completion Date:</p>	

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<input type="checkbox"/> Check box when complete	
da. Educate the general public about healthier food choices and/or preparing healthy food. Target Completion Date: <input type="checkbox"/> Check box when complete	
db. Support the implementation of one Prescription for Health Program. Target Completion Date: <input type="checkbox"/> Check box when complete	
dc. Partner with organizations to provide incentivized cooking/nutrition education classes for adults and kids. (Secure funding, etc.) Target Completion Date: <input type="checkbox"/> Check box when complete	Partner with local food sub committee on CSA to Pantry initiative. MSU Extension developing curriculum pilot under SNAP Ed program for “Cooking your CSA” lessons.

Meeting notes:

Updates from WIC about Project Fresh
 CAH/8th Day Farm holding Plant Sale May 20